



The Character Effect™ Student Workshop Series

Strengths 101: Play to Your Strengths In School, Work, Play & Love

Playing to your **strengths** helps you live your best life when used mindfully and intentionally. Join other students for our interactive, online student forum where you will:

- ✓ Discover your own unique strengths
- ✓ Explore why you should care about using strengths and their benefits
- ✓ Find specific ways to use your strengths to live your best life

Who: High School Students from all over the nation

When: February 3, 2022, 7-8pm

What: Online Student Forum

Register here: <https://tinyurl.com/5fffyxt7>

Questions: Email bsizemore@thecharactereffect.org

Facilitated by and Sponsored by The Character Effect™

